Dear Parents,

BCS is excited to introduce something new in the New Year! The Healthy Lunch Box Program has come up with a plan to serve students with healthy food choices, while giving the school an opportunity for fundraising. We are piloting one Healthy Lunch Box Friday in January to gauge family response. If you have made Pizza and Hotdog orders for the year, they are still in place and will not change.

Here are a few of the benefits that the Healthy Lunch Box program offers:

* The Healthy Lunch Box program meals are all homemade.
* The food is all prepared in a Nut Free Facility.
* They buy from local suppliers (Grown in Ontario) when possible.
* All packaging products are 100% biodegradable and 100% recyclable.

If January’s lunch is a success and we choose to continue, every month the meal options will change. Here are a few of the other options that can be available in the future:

* Chicken Burger
* Lasagna
* Spaghetti
* Mac and Cheese
* Chicken Caesar Wrap
* Shepherd’s Pie
* Hamburger
* Subs

The lunches are delivered to BCS for lunch time. All of the meals come with 6 vegetable sticks such as carrot, cucumber, and celery. Also, all the hot meals come with a whole wheat dinner roll and a fork or spoon.

The Healthy Lunch Box Program offers BCS this fundraising initiative so a portion of the sales go directly to Student Fund activities.

Together we can make healthy eating a positive lifestyle change in our students’ lives!

If you need more information, you are welcome to contact the office.

Ineke Guadagnin

Administrative Assistant